

**APA Handbooks in Psychology**

**APA Handbook of  
Psychology,  
Religion,  
and Spirituality**

**VOLUME 2**

An Applied Psychology of Religion and  
Spirituality

**Kenneth I. Pargament, *Editor-in-Chief***

Annette Mahoney and Edward P. Shafranske, *Associate Editors*

American Psychological Association • Washington, DC

# Contents

## Volume 2: An Applied Psychology of Religion and Spirituality

EditorialBoard .....	xi
<b>Part I. Introduction to an Applied Psychology of Religion and Spirituality ..... 1</b>	
Chapter 1. From Research to Practice: Toward an Applied Psychology of Religion and Spirituality.....	3
<i>Kenneth I. Pargament, Annette Mahoney, Edward P. Shafranske, Julie J. Exline, and James W. Jones</i>	
Chapter 2. Religious and Spiritual Beliefs, Affiliations, and Practices of Psychologists .....	23
<i>Edward P. Shafranske and Jeremy P. Cummings</i>	
Chapter 3. Value and Ethical Issues: The Interface Between Psychology and Religion .....	43
<i>Mark A. Yarhouse and Veronica Johnson</i>	
Chapter 4. Models of Healthy and Unhealthy Religion and Spirituality .....	71
<i>Brian J. Zinnbauer</i>	
<b>Part II. Religion and Spirituality From the Perspective of Major Orientations to Change ..... 91</b>	
Chapter 5. Assessing Spirituality and Religion in the Context of Counseling and Psychotherapy .....	93
<i>David R. Hodge</i>	
Chapter 6. Addressing Religion and Spirituality in Treatment From a Psychodynamic Perspective .....	125
<i>Ana-Maria Rizzuto and Edward P. Shafranske</i>	
Chapter 7. Jung's Approach to Spirituality and Religion .....	147
<i>Lionel Corbett</i>	
Chapter 8. Addressing Religion and Spirituality From a Cognitive- Behavioral Perspective .....	169
<i>Siang-Yang Tan</i>	
Chapter 9. Religion and Spirituality: A Family Systems Perspective in Clinical Practice	189
<i>Froma Walsh</i>	

Chapter 10. Mindful Awareness, Spirituality, and Psychotherapy .....	207
<i>Eric R. Bergemann, Madeleine W. Siegel, Marvin G. Belzer, Daniel J. Siegel, and Margaret Feuille Chapter</i>	
11. Distinctive Approaches to Religion and Spirituality: Pastoral Counseling, Spiritual Direction, and Spiritually Integrated Psychotherapy .....	223
<i>Len Sperry</i>	
<b>Part III. Religion and Spirituality Applied to Specific Problems</b>	<b>239</b>
Chapter 12. Religion, Spirituality, Depression, and Anxiety: Theory, Research, and Practice.....	241
<i>Simon Dein</i>	
Chapter 13. Religion, Spirituality, and Severe Mental Disorder: From Research to Clinical Practice .....	257
<i>Sylvia Mohr</i>	
Chapter 14. Religion and Spirituality in Coping With Acute and Chronic Illness.....	275
<i>Harold G. Koenig</i>	
Chapter 15. Addiction and the Search for the Sacred: Religion, Spirituality, and the Origins and Treatment of Substance Use Disorders .....	297
<i>Thomas J. Johnson</i>	
Chapter 16. Religiousness and Spirituality in the Etiology and Treatment of Eating Disorders .....	319
<i>P. Scott Richards, Sarah L. Weinberger-Litman, Sara Susov, and Michael E. Berrett Chapter</i>	
17. Spirituality, Religion, and Sexual Trauma: Integrating Research, Theory, and Clinical Practice .....	335
<i>Nichole A. Murray-Swank and Lynn C. Waelde Chapter</i>	
18. The Psychology of Contemporary Religious Violence: A Multidimensional Approach .....	355
<i>James W. Jones</i>	
Chapter 19. Religious and Spiritual Dimensions of Traumatic Violence.....	371
<i>Roger D. Fallot and Andrea K. Blanch Chapter</i>	
20. An Applied Integrative Approach to Exploring How Religion and Spirituality Contribute to or Counteract Prejudice and Discrimination .....	389
<i>Carrie Doehring</i>	
Chapter 21. The Interface Among Spirituality, Religion, and Illness in Families of Children With Special Health Care Needs.....	405
<i>Sian Cotton, Michael S. Yi, and Jerren C. Weekes Chapter</i>	
22. Spiritual and Religious Problems: Integrating Theory and Clinical Practice	421
<i>Aaron Murray-Swank and Nichole A. Murray-Swank Chapter</i>	
23. Faith and Health Behavior: The Role of the African American Church in Health Promotion and Disease Prevention .....	439
<i>Marlyn Allicock, Ken Resnicow, Elizabeth Gerken Hooten, and Marci K. Campbell</i>	
Chapter 24. Can Religion and Spirituality Enhance Prevention Programs for Couples?	461
<i>Frank D. Fincham and Steven R. H. Beach Chapter</i>	
25. The Role of Religion and Spirituality in Positive Psychology Interventions	481
<i>Mark S. Rye, Nathaniel G. Wade, Amanda M. Fieri, and Julia E. M. Kidwell</i>	
<b>Part IV. Religion and Spirituality Applied to Specific Contexts</b>	<b>509</b>
Chapter 26. Consultation With Religious Institutions	511
<i>Thomas G. Plante</i>	

Chapter 27. Addressing Religion and Spirituality in Health Care Systems <i>Michelle J. Pearce</i>	527
Chapter 28. Addressing Religion and Spirituality in Correctional Settings: The Role of Faith-Based Prison Programs..... <i>Byron R. Johnson</i>	543
Chapter 29. Addressing Religion and Spirituality in Military Settings and Veterans' Services..... <i>David W. Foy, Kent D. Drescher, and Mark W. Smith</i>	561
Chapter 30. Addressing Religion and Spirituality in Educational Settings .....	577
<i>Alyssa Bryant Rockenbach and Tyler Townsend</i>	
Chapter 31. Addressing Religion and Spirituality in the Workplace .....	595
<i>Stephen T. Carroll</i>	
Chapter 32. Addressing Religion and Psychology in Communities: The Congregation as Intervention Site, Community Resource, and Community Influence..... <i>Kenneth I. Maton, Mariano R. Sto. Domingo, and Anna M. L. Westin</i>	613
<b>Part V. Future Directions for an Applied Psychology of Religion and Spirituality.....</b>	<b>633</b>
Chapter 33. Pathways Toward Graduate Training in the Clinical Psychology of Religion and Spirituality: A Spiritual Competencies Model..... <i>William Hathaway</i>	635
Chapter 34. Conducting Empirical Research on Religiously Accommodative Interventions..... <i>EverettL. Worthington Jr., JoshuaN. Hook, Don E. Davis, Aubrey L. Gartner, and DavidJ. Jennings II</i>	651
<b>Index .....</b>	<b>671</b>